



**North West Surrey Association
of Disabled People**

NEWSLETTER

summer 2009

NWSADP Advocacy Service is Back in North Surrey!

We are pleased to announce that North West Surrey Association of Disabled People has been successful in its bid for a Surrey County Council contract to offer an advocacy service in the Boroughs of Spelthorne, Elmbridge and Runnymede for people with a physical and/or sensory impairment.

The new advocacy service will start from July 1st and the contract lasts until March 31st 2011 when we would hope to negotiate a continuation in the scheme. Many readers may recall that NWSADP offered advocacy in this area until 2006, when the service had to be withdrawn, due to lack of funding.

Commenting on NWSADP being awarded the grant, Clive Wood – Director said “This is fantastic news. We were devastated when we had to withdraw advocacy from North Surrey in 2006. There are many people with a physical or sensory impairment throughout the area who need the support of an Advocacy Worker. It’s great to be back in the area again”.

Robert Boyle will be our new Advocacy Worker and will be joining us in August on a full time basis. In the meantime, the organisation’s current Advocacy Workers will be covering the three boroughs and would be more than happy to hear from anyone who needs support.

This new contract now means that NWSADP offers advocacy in Woking, Surrey Heath, Spelthorne, Elmbridge and Runnymede. Cliff

Bush OBE – Chair of NWSADP said “This is a big step forward to ensuring advocacy is available across the whole of Surrey”. He went on to say that “We need to work towards ensuring that this essential service is available across the County.

If you feel that the advocacy service could be helpful to you, visit our website at: www.nwsadp.org.uk or tel/Text: 01483 750973

Hello from Jen Baughan - Advocacy Worker Surrey Heath

Hi! My name is Jen Baughan and I am NWSADP’s Surrey Heath Advocate. I took up my role in the middle of March and after my initial induction period in the Woking office I’m now settling down in my office at Disability Initiative in Camberley, where I am based on Tuesdays and Thursdays. Before working at NWSADP I spent the previous six months working for a placement agent in London alongside my voluntary role as Network Officer on the United World College of Great Britain National Committee. This is a charity supporting the United World College movement whose mission is to make education a force to unite people, nations and cultures for peace and a sustainable future. I graduated from the University of the West of England reading International Relations and Studies in Social Psychology with First Class Honours. I am passionate about people and ensuring equality throughout society.



I am thoroughly enjoying the challenges and experience that my new role as Surrey Heath Advocate is putting before me and I look forward to the next few months.

You can contact Jen by telephone on 01276 27201 (Tuesday and Thursday) or Tel/Text 01483 750973 (Monday, Wednesday & Friday).

Surrey Heath Show - Frimley Park Lodge

On Saturday May 2nd Frimley Park Lodge held the second Surrey Heath Show. It was a beautiful sunny day; although the light wind was determined to blow over our stands (thank goodness for the Rotary Club lending us bungees!). The show was an opportunity for people to find out about a number of different organisations and have a fun day out. There was representation from CAB, the Council, Voluntary Services Surrey Heath, Guide Dogs for the Blind, Mind, Camberley Youth Wind Orchestra, Woodturning, Camberley Judo Club and much more and of course NWSADP. The day was very well attended by people (and their dogs who took part in the dog show!) and looks set to be an annual event so fingers crossed for good weather and hopefully we may see a few of you there next year.

Goodbye to Katy

Katy Hangacs, our Foot Care Worker for the last three years is leaving NWSADP. Katy has decided that she wants to return to her home country of Hungary to take up new challenges.

Everyone who has worked with Katy will miss having her as part of the team. We know from comments we have had from many of her clients that she will also be greatly missed by the people she visited too.

Fiona McDiarmid is our new Foot Care Worker and has started taking appointments.

We wish Katy every success in her new adventures.

The fee for the Home Foot Care Service is £10 per visit. New clients pay £28 for the first visit, which includes a foot care kit for you to keep.

Woking Home Foot Care: 01483 541688



Update - Home Visiting Foot Care Service

As you may recall from the last newsletter, NHS Surrey have withdrawn funding for the Home Foot Care Service that we operated in Woking. The funding will cease on July 31st this year.

We would like to thank everyone who wrote to their MP, Councillors and local press to support our campaign to keep the service funded. We were overwhelmed with the support we received.

Council Health Scrutiny Committee

NWSADP and representatives from NHS Surrey were asked to give evidence to the County Council's Health Scrutiny Committee in late May. This was in regard to the availability of home foot care services for disabled people in Surrey. It was quite evident that Committee members were not satisfied with how NHS Surrey had decided to withdraw funding from NWSADP and were also concerned at the lack of provision of similar foot care service across Surrey. The Health Scrutiny Committee have asked NHS Surrey to come back in September to answer further questions on what basic foot care services they offer. NWSADP will also be there.

Surrey Adult & Community Care Give Funding

Surrey County Council's Adult Community Care service in Woking has committed £8,000 towards the funding of the Home Foot Care Service until March 2010. This is extremely welcome news and will help to ensure we can offer the Home Foot Care service while we try and secure other funding.



Queen Mary Sailability (Ashford)



Queen Mary Sailability provides facilities and assistance to Disabled people to enable integration into the boating community. The club uses a man-made reservoir for its sailing activities, which is 45ft above its surrounding countryside giving good unobstructed wind over 700 acres.

Queen Mary Sailability accepts people from 8 years old and has many specially adapted sailing boats from Wheel-steered yeoman keelboats, to a One-man 2.4m paralympic.

The group have had some amazing achievers including representatives in the 2000 Sydney Paralympics, one in Beijing in 2008, and a visually impaired person in the GBR team for the World Blind Championships in New Zealand, March 2009. They are also hopeful to have two young sailors in the 2012 Paralympics.

For more information about Queen Mary Sailability contact Alan Woolford (Regional Organiser) on 01932 252007 or visit: www.queenmary.org.uk

Andrew Waite WIDE Volunteer

Hi, my name is Andrew and I volunteer for WIDE.

I moved to Surrey 3 years ago after working in the City for a Professional Services Company as an Application Developer within their Financial IT Department. NO!! This financial crisis is nothing to do with me.

After moving to Surrey I contacted WIDE for some information as I have MS, they were very helpful and after meeting Norida Mohammed, WIDE Information Officer at Yogability classes, she encouraged, I call it nagged, me into becoming a volunteer. Norida's nagging paid off as that was 2 years ago and I am still here. WIDE has enabled me to continue using my professional IT skills by helping

volunteers and staff with computer problems which crop up on a regular basis. I have attended several courses, which has enabled me to give support and advice to people who contact WIDE with a variety of enquirers. I am also a member of the Woking Access Committee and The Ambassadors Theatre Access Group. Volunteering for WIDE has given me the confidence not only to cope with my disability but to support people in similar circumstances. Don't get the impression that it is all work and no play at WIDE, apart from the free tea/biscuits that includes herbal tea of course, we work as a very close team and have social events throughout the year for volunteers and staff. So if you feel that you have time to spare and want to be part of a Great Team volunteering for a very worthwhile organisation contact Norida on 01483 747400.

VOLUNTEERS WANTED! WE NEED YOU!



**Do you have a few spare hours?
Do you like talking to people?
Are you interested in helping others?
Do you enjoy researching - using computers, files etc.**

WIDE requires volunteers to work as Information Officers at our accessible offices in Woking. The role of Information Officer is never boring! You should have an interest in disability, be flexible and willing to learn new skills. If this sounds like you, give us a call.

We would also like to find a volunteer who would prepare our newsletter 4 times a year.

Tel/Text: 01483 750973
E-mail: home@nwsadp.org.uk
Website: www.nwsadp.org.uk

Getting Involved - Surrey Empowerment Boards

There are five Delivering Empowerment Boards for people with physical, sensory and cognitive impairments and HIV across Surrey. The boards are chaired by disabled people and are active members of the Surrey Coalition of Disabled People.

The membership objectives state that at least 60% of the members have some form of disability with the remainder being carers and representatives of service providers.

If you have a disability or are a Carer and would like to take part in improving services you will be very welcome at our meetings.

For more information contact Yasmin Broome - Delivering Empowerment Coordinator

Tel: 01483 517294

Email: yasmin.broome@surreycc.gov.uk

Expert Patients Programme

- Living well is a *free* self management course for people with conditions and disabilities such as heart disease, stroke, Parkinson's, asthma, arthritis, diabetes, epilepsy and so on. Visit www.expertpatients.nhs.uk to find out more
- You will learn new skills to manage your condition better on a daily basis working at your own pace, with the support of others who are facing similar problems. You get a *free* course book
- **To find out how to register call 01483 846212**

Rendezvous, the purpose built adult resource centre at White Lodge Centre Chertsey, is close to celebrating a year since opening!

White Lodge Centre provides a range of flexible and creative activities and opportunities for disabled children, young people and adults, for their families and for carers across Surrey and the surrounding area.

The light and spacious state-of-the-art Rendezvous building has transformed the range of activities and opportunities that White Lodge Centre offers. We have the flexibility, space and resources to offer our services and membership to an increasing number of people across Surrey.

Our emphasis is on offering individual programmes geared towards a person's chosen lifestyle.

You can choose to get involved in courses from I.T to the creative arts, from gardening to health and fitness. We also offer therapy sessions in our hydro pool and sensory room and a range of complementary therapies.

We have also expanded our outreach services and have increased the number of partners working with us. The Bringing it Together (BIT) programme offers people the opportunity to drop-in to Rendezvous during specific times to access a range of free advice from a number of different organizations including; British Red Cross, Citizens Advice Bureau, Surrey PCT, Surrey Supported Employment, Deaf Plus, SID, Headway, NWSADP, SAVI and Scope.

At the centre of Rendezvous is Café Bradbury which provides a warm welcome and friendly atmosphere. Here people have the opportunity to relax and socialise whilst enjoying the fresh food that is prepared daily. Our covered terrace is an ideal spot for enjoying lunch in the warmer months. We look forward to seeing you in Rendezvous soon!

**For further information please call 01932 567131,
email sbrooker@whitelodgecentre.co.uk
or visit www.whitelodgecentre.co.uk**



New Website for NWSADP

www.nwsadp.org.uk

The new NWSADP website is now up and running. The site has a range of sections including information about the organisation, what we do and how to get advice, information and support from our advocacy or disability information service. There are also links to other useful sites and a news section. Talking of news, we want to cut down on the number of trees we use and our costs so all our newsletters will now be put on the website, in PDF and Word format. This will mean that starting with our Autumn 09 edition, we will no longer be sending newsletters in the post. However, if you would like the newsletter in another format like; Braille, large print or on audio CD please call the office on: **01483 750973** our phone system also accepts text messages.

If you would like any events advertised on our new site or would like to submit a item for the news section, please drop us a line via the website.

Register on the Website for our Newsletter

If you would like the NWSADP newsletter sent straight to your email address please visit our website: www.nwsadp.org.uk and register in the News section. You can also find previous issues in this section.

Got Any News?



If you have any news items you would like considered for the NWSADP newsletter. Let us know what you would like to include.

Let us know through our website
www.nwsadp.org.uk and go to the news section

Contacting Surrey Police

Surrey Police receive approximately 970,000 calls to their Contact Centre per year. These calls are made up of either 999 emergency calls, or calls made to the non-emergency number 0845 125 222.



You should always dial **999** in an emergency and ask for the Police. An emergency is classified as any of the following:

- Someone's life is in danger
- Someone is at risk of violence, or property is about to be damaged
- A serious offence is in progress
- A suspect is at the scene or you know the whereabouts of them
- Serious disruption to the public is likely
- Very serious crime (e.g. Rape, Serious Assault)

When your call is answered, the operator will ask you a series of questions, including what has happened, your name and location and your telephone number. Please listen carefully to the questions being asked, and answer them as fully as possible as this will prevent a delay in getting officers to you.

If your incident does not involve any of the above then please call our non-emergency **0845 125 2222*** number. We can also give you details of your local Safer Neighbourhood team who would be happy to help you with local issues.

The following services are also available for the deaf, hard of hearing or speech impaired:

Minicom **01483 539 999**

SMS text messaging service **07786 20 40 20**

Or you can now report non-urgent or minor crimes on line at www.surrey.police.uk

*Calls from network and mobile may vary, please check with your provider for details.

Ready for the Digital Switchover?



The digital TV switchover is the process of turning off the UK's analogue TV signal and replacing it with a digital signal.

To watch TV after switchover in 2012 you will need to convert or upgrade your TV equipment. Nearly all current TVs, even black and white ones, can be converted by connecting a digital box. To find out exactly when your area will be switching over, go to the postcode checker at www.digitaluk.co.uk.

If you're buying new TV equipment, look for the 'Digital Tick' logo, which indicates products and services designed to work before, during and after switchover.

For more information please visit www.digitaluk.co.uk or call 08456 505050.

There is a scheme to help people who are aged 75 or over, registered blind or partially sighted, or eligible for certain benefits.



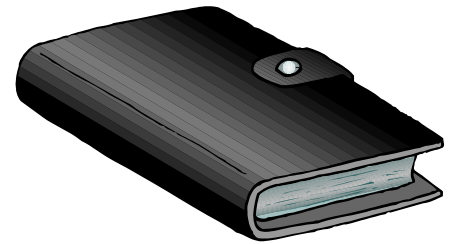
Lynda Cooks with Michelin Star Chef

Some of you may know Lynda Collins, one of our Advocacy Workers in Woking. Well Lynda took a brief career change at the Beyond Boundaries event in Farnborough on July 4th. Lynda assisted with Michelin star chef and amputee Michael Caines who gave a cooking exhibition at the annual event. Beyond Boundaries is held at various locations across the country on an annual basis. The aim of the day is to encourage disabled people to get involved in a range of activities from cooking to rock climbing.

For more information about Beyond Boundaries, visit their website: <http://www.beyondboundarieslive.co.uk>

Dates for your diary

Old Dean Community Day
Saturday, 5 September 2009
11:00am – 2:00pm



Rendezvous Open Day and Taster Sessions
White Lodge, Chertsey
Friday 25th September from 11.00am to 1.30pm
For more information Tel: 01932 567131
www.whitelodgecentre.co.uk

SAVI & RNIB 'Taster' Day
A day for visually impaired people
Thursday 6th August 10.00 – 3.00
For information contact Katherine Bacon at SAVI Tel: 01372 377701

Surrey Coalition of Disabled People AGM
Thursday 5th November
Leatherhead Leisure Centre
For more information Tel: 01483 456558

NWSADP AGM & Christmas Party
Thursday 10th December
11.00am – 2.00pm
Venue – to be confirmed



NORTH WEST SURREY Association of Disabled People

Registered Charity No: 1058774

Head Office: Provincial House, 26 Commercial Way, Woking, Surrey
GU21 6EN

Tel/Text: 01483 750973 Email: home@nwsadp.org.uk
www.nwsadp.org.uk

Our services include

ADVOCACY

A FREE independent, confidential
advice and support service to empower people with physical and/or
sensory impairments between the ages of 17 – 64
in Woking, Spelthorne, Elmbridge, Runnymede and Surrey Heath
Tel/Text: 01483 750973 Email: home@nwsadp.org.uk

W I D E

Free information service for disabled people, carers and others
We can find out what you want to know about
support, equipment, benefits, transport, groups, leisure, holidays,
education and lots more


Tel/Text: 01483 747400: Fax: 01483 761932: Email:
info@askwide.org.uk


Surrey Heath Office: Tel: 01276 707294

Foot Care

Affordable home visit Foot Care
for adults aged 17 and over with a physical, cognitive or
sensory impairment

The service includes

 Nail cutting

 Filing hard skin and corns

 Foot health advice

For information or appointments Tel/Text: 01483 541688

Other Disability Organisations in Our Area

DAISE: Disability Advice and Information Service Elmbridge
Tel: 01932 248660: Fax: 01932 221680

Disability Counselling Service
Sue Cable: Tel: 01483 715911 Ext. 6334

Surrey Coalition of Disabled People
Tel: 01483 456558: Fax: 01483 456561
www.surreycoalition.org.uk

SILC: (Surrey Independent Living Council)
Tel: 01483 458111: Fax: 01483 459976: Minicom: 01483 459977

SAVI Surrey Association for Visual Impairment
Tel: 01372 377701 Minicom: 01372 361517
www.savi.org.uk

Surrey Deaf Services
Voice/minicom: 01372 376558
Minicom answer phone: 01372 362509
Video phone: 01372 363981

Surrey LINK
The voice of health & social care service users in Surrey
Tel: 0845 0949497
www.communityvoicesonline.org/LINKs

For Problems with Access
Please contact WIDE for advice
Tel/Text: 01483 747400 Email: info@askwide.org.uk